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| **DATES** | **UNIT** |
| Sept 5 – 20 | Orientation/LOGs/Outside Activities |
| Sept 21 – 28 | Football Games 1 |
| Sept 29 – Oct 6 | Fitness Testing 1 |
| Oct 10 – 17 | Volleyball 1 |
| Oct 18 – 25 | Track 1/Fitness Videos |
| Oct 26 – Nov 2 | Pickleball |
| Nov 3 – 10 | Indoor Soccer Baseball |
| Nov 13 – 20 | Basketball 1 |
| Nov 21 – 28 | Fitness Games |
| Nov 29 – Dec 6 | Volleyball 2 |
| Dec 7 – 14 | Handball/Indoor Soccer |
| Dec 15 - 22 | Dance |
| **Dec 23 – Jan 7** | **WINTER BREAK** |
| Jan 8 – 15 | LOGs |
| Jan 16 – 23 | Basketball 2 |
| Jan 24 – 31 | Badminton |
| Feb 1 – 8 | Snowshoeing/XCountry Skiing/Floor Hockey  |
| Feb 9 – 16 | Speedball/Indoor Soccer |
| Feb 20 – 27 | Omnikin |
| Feb 28 – Mar 6 | Pickleball & Badminton |
| Mar 7 – 14 | Inclusive Games/Goal Ball |
| Mar 15 – 22 | Archery |
| **Mar 23 – 31** | **SPRING BREAK** |
| Apr 1 – 8 | Wheelchairs/Inclusive Games |
| Apr 9 – 16 | Archery/LOG’s |
| Apr 17 – 24 | Football Games 2 |
| Apr 25 – May 2 | Fitness Testing 2 |
| May 3 – 10 | Track 2 |
| May 13 – 21 | Frisbee Games |
| May 22 – 29 | Surprise |
| May 30 – June 6 | Outdoor Soccer Baseball |
| June 7 – 14 | Softball |
| June 17 - 28 | Outdoor Activities |

**2023 – 2024 PHYS ED SCHEDULE**