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| Day 1 - Tuesday 3/17 | Day 2 - Wednesday 3/18 | Day 3 - Thursday 3/19 |
| Cosmic YOGA DAYDo - Pokemon <https://www.youtube.com/watch?v=tbCjkPlsaes>Or pick your own | Just Dance dayComplete 3 or more songsYoutube just danceOr <https://www.youtube.com/watch?v=_g4CYKBN9L0><https://www.youtube.com/watch?v=FNOdJ9WHug4><https://www.youtube.com/watch?v=crKcSbdc728> | SOCK WRESTLING!Challenge your family to a sock wrestling matchYou can tuck another sock into your sock, if no scarf at home. <https://twitter.com/Mr_SBairPE/status/1235277417926840322?s=20>  |
| Day 4 - Friday 3/20 | Day 5 - Monday 3/30 | Day 6 - Tuesday 3/31 |
| Human Bop it day!Complete the video 2x or more, get your family involved too. <https://drive.google.com/file/d/1wt0FSB1ISxphMkCK4qCaZxvOVnHZn2Xe/view> | Cosmic YogaDo - <https://www.youtube.com/watch?v=fnO-lGEMOXk> Spider man Or choose your own | DANCE!Do - <https://www.youtube.com/watch?v=W59jPBFMOyI><https://www.youtube.com/watch?v=LgPtJ0pTutc><https://www.youtube.com/watch?v=58B4TVE-dT8><https://www.youtube.com/watch?v=dNL6RwymoNg&t=36s> |
| Day 7 - Wednesday 4/1ExerciseDo10 jumping jacks10 push ups10 squats10 sit upsRepeat 2 to 5 times (how many times can you complete it)  | Day 8 - Thursday - 4/2Basketball DayDo10 imaginary Jump Shots5 imaginary dunks5 cross over dribbles5 imaginary passesRepeat 2 to 5 times (how many times can you complete) | Day 9 Friday 4/3FootballDo10 imaginary Touchdown Passes10 Push ups10 squats10 second wall sit1 Touchdown dance celebrationRepeat 2 to 5 times (how many times can you complete) |

Submission For P.E. E-Learning Activities

Mr. Bair and Mr. Gardner love seeing our students and would love to see some photos or videos of them completing these tasks during our extended break.

Extra Dojo Points Can Be Earned For Your Students By Sending Us Photos Or Videos Through Class Dojo Or Twitter!!!!

Mr. Gardner - Twitter @MrGardner\_JPS

Mr. Bair - Twitter @Mr\_SBairPE

We are also connected to every class on Class Dojo.